

Seminole Academy Lunch Menu

January 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Winter Break 1	Winter Break 2
Chicken Nuggets Baked Beans Fresh Produce Bar Choice Milk Choice 5	Alfredo Green Beans Fresh Produce Bar Choice Milk Choice 6	Meatloaf Mashed Potatoes w/WG Roll Fresh Produce Bar Choice Milk Choice Late Start 7	Spaghetti w/Meat Sauce Butternut Squash Fresh Produce Bar Choice Milk Choice 8	Cheese or Pepperoni Pizza Romaine Salad w/Ranch Fresh Produce Bar Choice Milk Choice 9
Chicken Drumstick Green Beans WG Roll Fresh Produce Bar Choice Milk Choice 12	Beef Taco w/WG Tortilla Refried Beans Fresh Produce Bar Choice Milk Choice 13	Ham & Cheese Calzone Carrots w/Ranch Fresh Produce Bar Choice Milk Choice 14	Cheeseburger on WG Bun Tater Tots Fresh Produce Bar Choice Milk Choice 15	No School 16
MLK Day No School 19	Bosco Stick w/Marinara Cucumbers w/Ranch Fresh Produce Bar Milk Choice 20	Hot Dog on WG Bun Potato Wedges Fresh Produce Bar Milk Choice 21	Half Day 22	Half Day 23
Mini Corn Dogs Green Beans Fresh Produce Bar Milk Choice 26	Macaroni & Cheese Broccoli WG Roll Fresh Produce Bar Milk Choice 27	Chicken Sandwich on WG Bun Baked Beans Fresh Produce Bar Milk Choice Late Start 28	Beef Nachos w/WG Tortilla Chips Corn Fresh Produce Bar Milk Choice 29	Cheese or Pepperoni Pizza Carrots w/Ranch Fresh Produce Bar Choice Milk Choice 30



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Contact your Food Service Director,
Renee Frederick, at (313) 269-7108
or email FrederickR@mtcps.org
for questions or comments.

We are a 10 Cents a Meal grantee, and we purchase
Michigan-grown products.

****Menu Subject to Change****

"or;" = An alternative selection to choose.
"WG"= Whole Grain 1% White & 1%Chocolate
Milk available daily.

Daily Produce Bar with rotating fruits and
vegetables. An alternative meal is available.