

Seminole Academy Lunch Menu

December 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Nuggets Baked Beans Fresh Produce Bar Choice Milk Choice 1	Alfredo Green Beans Fresh Produce Bar Choice Milk Choice 2	Meatloaf Mashed Potatoes WG Dinner Roll Fresh Produce Bar Choice Milk Choice 3	Spaghetti w/Meat Sauce Butternut Squash Fresh Produce Bar Choice Milk Choice 4	Cheese or Pepperoni Pizza Romaine Salad Fresh Produce Bar Choice Milk Choice 5
Chicken Drumstick Green Beans Fresh Produce Bar Choice Milk Choice 8	Beef Taco w/WG Tortilla Refried Beans Fresh Produce Bar Choice Milk Choice 9	Ham & Cheese Calzone Carrots w/Ranch Fresh Produce Bar Choice Milk Choice 10 Late Start	Cheeseburger on WG Bun Tater Tots Fresh Produce Bar Choice Milk Choice 11	Cheese or Pepperoni Pizza Broccoli w/Ranch Fresh Produce Bar Choice Milk Choice 12
Quesadilla w/Salsa Fiesta Pinto Beans Fresh Produce Bar Choice Milk Choice 15	Bosco Stick w/Marinara Cucumbers w/Ranch Fresh Produce Bar Choice Milk Choice 16	Hot Dog on WG Bun Potato Wedges Fresh Produce Bar Choice Milk Choice 17	Lasagna Roll Up Romaine Salad Fresh Produce Bar Choice Milk Choice 18	Cheese or Pepperoni Pizza Carrots w/Ranch Fresh Produce Bar Choice Milk Choice 19
Winter Break 22	Winter Break 23	Winter Break 24	Winter Break 25	Winter Break 26
Winter Break 29	Winter Break 30	Winter Break 31		



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Contact your Food Service Director,
Renee Frederick, at (313) 269-7108
 or email FrederickR@mtcps.org
 for questions or comments.

We are a 10 Cents a Meal grantee, and we purchase
 Michigan-grown products.

****Menu Subject to Change****

"or;" = An alternative selection to choose.
 "WG"= Whole Grain 1% White & 1%Chocolate
 Milk available daily.

Daily Produce Bar with rotating fruits and
 vegetables. An alternative meal is available.