

Seminole Academy Breakfast Menu

January 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Winter Break 1	Winter Break 2
Cinnamon Toast Crunch Bar Giant Goldfish Apple Milk Choice 5	Snackin Maple Waffle Applesauce 100% Fruit Juice Milk Choice 6	Golden Graham Cereal Tiger Bites Apple Milk Choice Late Start 7	Strawberry Banana Yogurt Banana 100% Orange Juice Milk Choice 8	Blueberry BelVita Biscuit Diced Pear Cup 100% Strawberry Kiwi Juice Milk Choice 9
Apple Cinnamon Cheerios Graham Cracker Craisins Milk Choice 12	String Cheese Tiger Bites Apple Milk Choice 13	Blueberry Chex Cereal Orange 100% Fruit Juice Milk Choice 14	Ultimate Breakfast Round Banana 100% Strawberry Kiwi Juice Milk Choice 15	No School 16
MLK Day No School 19	Blueberry BelVita Biscuit Craisins 100% Apple Juice Milk Choice 20	Cocoa Puffs Giant Goldfish Apple Milk Choice 21	String Cheese Tiger Bites Banana Milk Choice Half Day 22	Cheerios Graham Cracker Mixed Fruit Cup Milk Choice Half Day 23
Corn Chex Cereal Orange 100% Apple Juice Milk Choice 26	Apple Cinnamon Muffin Tiger Bites Apple Milk Choice 27	Frosted Flakes Craisins 100% Orange Juice Milk Choice Late Start 28	Yogurt Giant Goldfish Banana Milk Choice 29	Cinnamon Toast Crunch Bar Graham Cracker Apple Milk Choice 30



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Contact your Food Service Director,
Renee Frederick, at (313) 269-7108
or email FrederickR@mtcps.org
for questions or comments.

We are a 10 Cents a Meal grantee, and we purchase
Michigan-grown products.

****Menu Subject to Change****

"or;" = An alternative selection to choose.
"WG" = Whole Grain 1% White & 1% Chocolate
Milk available daily.

Daily Produce Bar with rotating fruits and
vegetables. An alternative meal is available.