

Seminole Academy Breakfast Menu

December 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Strawberry Cheerios Cereal Bar Giant Goldfish Apple Milk Choice 1	WG Maple Waffle Applesauce 100% Fruit Juice Milk Choice 2	Golden Grahams Cereal WG Tiger Bites Apple Milk Choice 3	Strawberry /Banana Yogurt Banana 100% Orange Juice Milk Choice 4	Blueberry BelVita Biscuit Diced Pear Cup 100% Strawberry Kiwi Juice Milk Choice 5
Apple Cinnamon Cheerios Cereal Graham Cracker Craisins Milk Choice 8	String Cheese WG Tiger Bites Apple Milk Choice 9	Blueberry Chex Cereal Orange 100% Fruit Juice Milk Choice Late Start 10	Ultimate Breakfast Round Banana 100% Strawberry Kiwi Juice Milk Choice 11	Mini Confetti Pancakes Raisins 100% Orange Juice Milk Choice 12
Cinnamon Chex Cereal Applesauce 100% Orange Juice Milk Choice 15	Blueberry BelVita Biscuit Craisins 100% Apple Juice Milk Choice 16	Cocoa Puffs Cereal Giant Goldfish Apple Milk Choice 17	String Cheese WG Tiger Bites Banana Milk Choice 18	Cheerios Graham Cracker Mixed Fruit Cup Milk Choice Half Day 19
Winter Break 22	Winter Break 23	Winter Break 24	Winter Break 25	Winter Break 26
Winter Break 29	Winter Break 30	Winter Break 31		



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Contact your Food Service Director,
Renee Frederick, at (313) 269-7108
or email FrederickR@mtcps.org
for questions or comments.

We are a 10 Cents a Meal grantee, and we purchase
Michigan-grown products.

****Menu Subject to Change****

"or;" = An alternative selection to choose.
"WG"= Whole Grain 1% White & 1%Chocolate
Milk available daily.

Daily Produce Bar with rotating fruits and
vegetables. An alternative meal is available.