

Mount Clemens July SFSP Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1-Mini Bagel w/Strawberry Cream Cheese 2pkgs-Craisins 4.23oz 100% Orange Juice 8oz Milk Choice 1	1oz String Cheese 4.5 Applesauce Cup 1oz Animal Crackers 8oz Milk Choice 2	1oz Honey Cheerios Cereal 1-Orange 4.23oz 100% Apple Juice 8oz Milk Choice 3	Happy Independence Day! 4
1oz-Golden Grahams Cereal 1-Orange 4.23oz 100% Grape Juice 8oz Milk Choice 7	1oz-Blueberry Lemon Crisps 4oz- Diced Peaches 4.23oz 100% Orange Juice 8oz Milk Choice 8	1 pkg- Mini French Toast 1-Banana 4.23oz 100% Apple Juice 8oz-MilkChoice 9	1-WG Pop Tart 1-Apple 4.23oz 100% Fruit Juice 8oz-Milk Choice 10	No Program 11
1oz Cocoa Puff Cereal Bar 1-Orange 4.23oz 100% Grape Juice 8oz Milk Choice 14	WG Bagel w/ Cream Cheese 1-Apple 4.23oz 100% Orange Juice 8oz Milk Choice 15	1o Cheerios Cereal 1-Banana 1-Giant Goldfish 8oz Milk Choice 16	1-WG Pancakes w/Syrup 4oz Mandarin Oranges 4.23oz 100% Fruit Juice 8oz Milk Choice 17	No Program 18
1-Strawberry Nutri Grain Bar 2pkgs- Raisins 4.23oz 100% Apple Juice 8oz Milk Choice 21	1-Oatmeal Round Apple Cinnamon 4oz Peaches 4.23oz Orange Juice 8oz Milk Choice 22	1-Cinnamon Waffle 1-Banana 4.23oz 100% Grape Juice 8oz Milk Choice 23	1oz Frosted Flakes Cereal 1-Apple 1-Giant Goldfish 8oz Milk Choice 24	No Program 25
1oz Trix Cereal 1-Apple 4.23oz 100% Fruit Juice 8oz Milk Choice 28	1-Mini Bagel w/Strawberry Cream Cheese 2pkgs Craisins 4.23oz 100% Orange Juice 8oz Milk Choice 29	4oz String Cheese 4.5oz Applesauce 1oz Animal Crackers 8oz Milk Choice 30	1oz Honey Cheerios Cereal 1-Orange 4.23oz 100% Apple Juice 8oz Milk Choice 31	



Non-Discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA

Contact your Food Service Director, ****Menu Subject to Change****
Renee Frederick, at
FrederickR@mtcps.org for questions
or comments.

"or:" = An alternative selection to choose. "WG"= Whole Grain 1% White & 1%Chocolate Milk available daily.

Mount Clemens July SFSP Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	10pcs-Popcorn Chicken 4oz-Diced Sweet Potatoes 4oz-Sweet Cherries 8oz-Milk Choice 1	2 ea Mozzarella Breadstick w/Marinara 4oz-Carrots w/Ranch 1- Fresh Apple 8oz-Milk Choice 2	■ 1-Italian Meatball Sub 4oz- Potato Wedges 1-Fresh Orange 8oz-Milk Choice 3	Happy Independence Day! 4
1-Pepperoni Calzone 4oz-Broccoli w/Ranch 4oz- Peaches 8oz-Milk Choice 7	1-Beef Taco 4oz-Seasoned Corn 1-Fresh Apple 8oz-Milk Choice 8	6oz- Macaroni & Cheese 4oz-Asparagus Cuts 4oz-Diced Pears 8oz-Milk Choice 9	2pcs- Chicken Tenders 4oz-Butternut Squash 4oz Tropical Fruit 8oz-Milk Choice 10	No Program 11
6ea- Mini Corn Dogs 4oz-Baked Beans 4.5oz-Applesauce Cup 8oz-Milk Choice 14	1 slice-Cheese or Pepperoni Pizza 4oz- Broccoli w/Ranch 1-Fresh Orange 8oz-Milk Choice 15	1-Turkey & Cheese Sandwich on Wheat 4oz-Baby Carrots w/Ranch 2pkgs- Raisins 8oz-Milk Choice 16	5ea-Chicken Nuggets 4oz-Asparagus Cuts 4oz- Blueberries 8oz-Milk Choice 17	No Program 18
1- Chicken Sandwich on WG Bun 4oz-Crinkle Carrots 4oz-Diced Pears 8oz-Milk Choice 21	1-Sloppy Joe on WG Bun 4oz-French Fries 1-Fresh Apple 8oz-Milk Choice 22	1-Beef Hot Dog on WG Bun 4oz-Sweet Potato Fries 4oz-Blueberries 8oz-Milk Choice 23	1 serving Nachos w/WG Chips 4oz-Corn 4oz-Mixed Fruit 8oz-Milk Choice 24	No Program 25
1-Cheeseburger on WG Bun 4oz-Butternut Squash 4oz-Peaches 8oz-Milk Choice 28	10pcs-Popcorn Chicken 4oz-Diced Sweet Potatoes 4oz-Sweet Cherries 8oz-Milk Choice 29	2ea- Mozzarella Breadstick w/Marinara 4oz-Carrots w/Ranch 1-Fresh Apple 8oz-Milk Choice 30	1-Italian Meatball Sub 4oz-Potato Wedges 4oz Mandarin Oranges 8oz-Milk Choice 31	



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