

Mount Clemens August Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				No Program 1
1oz-Golden Grahams Cereal 1-Orange 4.23oz-100%Grape Juice 8oz-Milk Choice 4	1oz-Blueberry Lemon Crisps 4oz-Pineapple Tidbits 4.23oz-100% Orange Juice 8oz-Milk Choice 5	1pkg-Mini French Toast 1-Banana 4.23oz-100% Apple Juice 8oz-Milk Choice 6	1-Strawberry Pop Tart 1-Apple 4.23oz-100% Fruit Juice 8oz-Milk Choice 7	No Program 8
1oz-Cocoa Puff Cereal Bar 1-Orange 4.23oz-100% Grape Juice 8oz-Milk Choice 11	1-Bagel w/Cream Cheese 1-Apple 4.23oz- 100%Orange Juice 8oz-Milk Choice 12	1oz-Cheerios Cereal 1-Banana 1-Giant Goldfish Graham 8oz-Milk Choice 13	1-WG Pancakes 4.5oz-Mandarin Oranges 4.23oz 100%Fruit Juice 8oz-Milk Choice 14	No Program 15
1-Strawberry Nutri Grain Bar 2pkgs- Raisins 4.23oz 100% Apple Juice 8oz-Milk Choice 18	1-Apple Cinnamon Oatmeal Round 4oz Peaches 4.23oz 100% Orange Juice 8oz Milk Choice 19	1-Cinnamon Waffle 1-Banana 4.23oz 100% Grape Juice 8oz Milk Choice 20	1oz Frosted Flakes Cereal 1-Apple 1-Giant Goldfish 8oz Milk Choice Last Day of Program 21	No Program 22
25	26	27	28	29



Non-Discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA

Contact your Food Service Director, ****Menu Subject to Change****
Renee Frederick, at
FrederickR@mtcps.org for questions or comments.

"or." = An alternative selection to choose. "WG"= Whole Grain 1% White & 1%Chocolate Milk available daily.

Mount Clemens August Lunch Menu

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				No Program 1
1-Pepperoni Calzone 4oz-Broccoli w/Ranch 4oz-Peaches 8oz-Milk Choice 4	1-Beef Taco 4oz Seasoned Corn 1-Fresh Apple 8oz-Milk Choice 5	6oz-Macaroni & Cheese 4oz-Asparagus Cuts 4oz Diced Pears 8oz-Milk Choice 6	2pcs Chicken Tenders 4oz-Butternut Squash 4oz-Tropical Fruit 8oz-Milk Choice 7	No Program 8
6ea-Mini Corn Dogs 4oz-Baked Beans 4.5oz Applesauce Cup 8oz-Milk Choice 11	1 slice-Cheese or Pepperoni Pizza 4oz-Broccoli w/Ranch 1-Fresh Orange 8oz-Milk Choice 12	1-Turkey & Cheese Sandwich 4oz-Baby Carrots w/Ranch 2pkgs-Raisins 8oz-Milk Choice 13	5ea-Chicken Nuggets 4oz-Asparagus Cuts 1-Blueberries 8oz-Milk Choice 14	No Program 15
1-Chicken Sandwich on WG bun 4oz-Crinkle Carrots 4oz-Diced Pears 8oz-Milk Choice 18	1-Sloppy Joe on WG Bun 4oz-French Fries 1-Fresh Apple 8oz-Milk Choice 19	1-Beef Hot Dog on WG Bun 4oz Sweet Potato Fries 4oz-Blueberries 8oz-Milk Choice 20	1 serving-Nachos w/WG Chips 4oz-Corn 4oz-Mixed Fruit 8oz- Milk Choice Last Day of Program 21	22
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