


Mount Clemens Weekly Lunch Menu

For Week of 10/06/2025 – 10/10/2025



	Monday 10-06-2025	Tuesday 10-07-2025	Wednesday 10-08-2025	Thursday 10-09-2025	Friday 10-10-2025
BREAKFAST	Bacon & Egg Breakfast Pizza Or Cinnamon Chex Cereal and Applesauce 100% Fruit Juice	WG Pancakes Or Cocoa Puffs Cereal and Raisins 100% Apple Juice Milk Choice	Breakfast Pizza w/Turkey Sausage or Trix Cereal and Apple Milk Choice Late Start	Mini Strawberry Cream Cheese Bagel or Lucky Charms Cereal Banana 100% Orange Juice Milk Choice	Breakfast Sandwich Or Cinnamon Toast Crunch Cereal Orange 100% Strawberry Kiwi Juice Milk Choice
	Popcorn Chicken Bowl w/Mashed Potatoes, Corn & WG Roll Or Nachos w/Beef or Chicken Spanish Rice Black Beans	Swedish Meatballs w/WG Rotini Asparagus & WG Roll Or Chicken or Cheese Quesadilla Spanish Rice Refried Beans	Cheesy Taco Penne w/Fiesta Black Beans or Chicken & Chili Crispitos WG Mexican Rice Pinto Beans	Half Day Bag Lunch	Half Day Bag Lunch
	Cheese Pizza Pepperoni Pizza BBQ Chicken Pizza	Cheese Pizza Pepperoni Pizza BBQ Chicken Pizza	Cheese Pizza Pepperoni Pizza BBQ Chicken Pizza		
	Cheeseburger Beef Hot Dog Spicy Chicken Sandwich Crinkle Fries	Bather Burger(bbq sauce,onion rings, cheddar cheese) Grilled Cheese Chicken Nuggets w/Roll French Fries	Chicken Sandwich Cheeseburger Beef Ribette Tater Tots	s	
	Italian Sub Or Garden Salad	Italian Sub Or Garden Salad	Italian Sub Or Garden Salad		
	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily		



Non-Discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

We are a 10 Cents a Meal grantee, and we purchase Michigan-grown products.

Contact your Food Service Director, Renee Frederick, at (313) 269-7108 or email FrederickR@mtcps.org for questions or comments.

****Menu Subject to Change****

"or:" = An alternative selection to choose.
"WG"= Whole Grain 1% White & 1%Chocolate Milk available daily.

Daily Produce Bar with rotating fruits and vegetables. An alternative meal is available.

Mount Clemens Weekly Lunch Menu

For Week of 10/13/2025 – 10/17/2025



	Monday 10-13-2025	Tuesday 10-14-2025	Wednesday 10-15-2025	Thursday 10-16-2025	Friday 10-17-2025
BREAKFAST	Apple Cinnamon Toast or Honey Cheerios and Applesauce 100% Fruit Juice Milk Choice	Mini Cinnamon Cream Cheese Bagel or Trix Cereal and Pineapple Tidbits 100% Orange Juice Milk Choice	Cinnamon Waffle or Blueberry Chex Cereal and Apple Milk Choice	Yogurt Parfait w/Peaches & Granola or Cinnamon Toast Crunch Cereal and Banana 100% Strawberry/Kiwi Juice Milk Choice	No School
 	Beef Stir Fry w/Peppers WG Rice Or Nachos w/Beef or Chicken WG Spanish Rice Black Beans National School Lunch Week	Turkey w/Gravy & Mashed Potatoes WG Roll Or WG Enchilada Empanada WG Spanish Rice Refried Beans	WG Tortellini Romaine Salad Blend Or Chicken & Chili Crispitos WG Spanish Rice Pinto Beans	Tangerine Orange Chicken w/ Vegetable Fried Rice and Mixed Vegetables Or Beef or Chicken Taco on WG Tortilla WG Spanish Rice	
	Cheese Pizza Pepperoni Pizza Veggie Pizza	Cheese Pizza Pepperoni Pizza Veggie Pizza	Cheese Pizza Pepperoni Pizza Veggie Pizza	Refried Beans Cheese Pizza Pepperoni Pizza Veggie Pizza	
 	Spicy Chicken Sandwich Cheeseburger Beef Hot Dog Crinkle Fries	Chicken Nuggets w/WG Roll Bather Burger Grilled Cheese French Fries	Chicken Sandwich Beef Ribette Cheeseburger Tater Tots	Spicy Chicken Tenders w/WG Roll Classic Burger Philly Cheesesteak French Fries	
	Turkey & Cheese Wrap Or Spinach Salad	Turkey & Cheese Wrap Or Spinach Salad	Turkey & Cheese Wrap Or Spinach Salad	Turkey & Cheese Wrap Or Spinach Salad	
	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	



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Milk available daily.

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Mount Clemens Weekly Lunch Menu

For Week of 10/20/2025 – 10/24/2025



	Monday 10-20-2025	Tuesday 10-21-2025	Wednesday 10-22-2025	Thursday 10-23-2025	Friday 10-24-2025
BREAKFAST	No School	Mini Cinnamon Cream Cheese Bagel or Trix Cereal and Raisins 100% Apple Juice Milk Choice	Blueberry Yogurt Parfait or Cocoa Puffs Cereal and Apple Milk Choice Late Start	Mini Strawberry Cream Cheese Bagel or Cinnamon Toast Crunch Banana 100% Orange Juice Milk Choice	Breakfast Sandwich or Lucky Charms Cereal and Fresh Orange 100% Strawberry/Kiwi Juice Milk Choice
 JEFES MEXICAN GRILL		Chicken Drumstick Butternut Squash WG Roll Or Chicken or Cheese Quesadilla WG Spanish Rice Refried Beans	Baked Potato Bar w/Fajita Chicken & Cheese, WG Breadstick Broccoli Or Chicken & Chili Crisпитos WG Spanish Rice Pinto Beans	Lasagna Roll Up Mixed Vegetables WG Garlic Knot Or Beef or Chicken Taco WG Spanish Rice Refried Beans	BBQ Pulled Chicken Sandwich Baked Beans Or Chicken Fajitas on WG Tortilla WG Spanish Rice Pinto Beans
		Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza
 		Chicken Nuggets w/WG Roll Grilled Cheese Bather Burger French Fries	Chicken Sandwich Cheeseburger Beef Ribette Sandwich Tater Tots	Spicy Chicken Tenders w/WG Roll Classic Burger Philly Cheesesteak French Fries	Grilled Chicken Sandwich Cheeseburger Corn Dog Wedges
		Chicken Salad Sandwich Or Spring Mix Salad	Chicken Salad Sandwich Or Spring Mix Salad	Chicken Salad Sandwich Or Spring Mix Salad	Chicken Salad Sandwich Or Spring Mix Salad
		Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily



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Mount Clemens Weekly Lunch Menu

For Week of 10/27/2025 – 10/31/2025



	Monday 10-27-2025	Tuesday 10-28-2025	Wednesday 10-29-2025	Thursday 10-30-2025	Friday 10-31-2025
BREAKFAST	Pancakes or Honey Cheerios and Applesauce 100% Fruit Juice Milk Choice	Mini Cinnamon Cream cheese Bagel or Trix Cereal and Raisins 100% Apple Juice Milk Choice	Cinnamon Waffle or Cocoa Puffs Cereal And Apple Milk Choice	French Toast or Cinnamon Toast Crunch Banana 100% Orange Juice Milk Choice	Cheese Omelet or Lucky Charms and Fresh Orange 100% Strawberry Kiwi Juice Milk Choice
 	Baked Teriyaki Chicken WG Rice Diced Sweet Potatoes Or Nachos w/Beef or Chicken WG Mexican Rice Black Beans	Sloppy Joe on WG Bun Baked Beans Or Chicken or Cheese Quesadilla WG Mexican Rice Refried Beans	Macaroni & Cheese w/WG Roll Broccoli or Chicken & Chili Crispitos WG Mexican Rice Pinto Beans	Italian Meatball Sub Green Beans Or Beef or Chicken Taco on WG Tortilla WG Mexican Rice Refried Beans	Half Day Bag Lunch
	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	
 	Spicy Chicken Sandwich CheeseBurger Beef Hot dog Crinkle Fries	Chicken Nuggets w/WG Roll Bather Burger Grilled Cheese French Fries	Classic Chicken Sandwich Beef Ribette Sandwich Cheeseburger Tater Tots	Spicy Chicken Tenders w/WG Roll Classic Burger Philly Cheesesteak French Fries	
	Turkey Ham & Cheese Sub Or Cesar Salad	Turkey Ham & Cheese Sub Or Cesar Salad	Turkey Ham & Cheese Sub Or Cesar Salad	Turkey Ham & Cheese Sub Or Cesar Salad	
	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	



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For Week of 09/29/2025 – 10/03/2025



	Monday 09-29-2025	Tuesday 09-30-2025	Wednesday 10-01-2025	Thursday 10-02-2025	Friday 10-03-2025
BREAKFAST	WG Pancakes or Cheerios and Applesauce, 100% Fruit Juice Milk Choice	Mini Cinnamon Cream Cheese Bagel Or Trix Cereal and Raisins 100% Apple Juice Milk Choice	Blueberry Yogurt Parfait or Cocoa Puffs Cereal and Apple Milk Choice Count Day!	WG French Toast or Cinnamon Toast Crunch Cereal Banana 100% Orange Juice Milk Choice	Cheese Omelet or Lucky charms Cereal and Fresh Orange 100% Strawberry Kiwi Juice Milk Choice
	Spaghetti w/Meat Sauce Asparagus WG Roll Or Chicken & Chili Crisпитos WG Mexican Rice Black Beans	Beef Chili w/Kidney Beans Cornbread Or Chicken or Cheese Quesadillas WG Mexican Rice Refried Beans	Beef or Chicken Nachos WG Mexican Rice Black Beans	Chicken Lo Mein w/WG Noodles Broccoli Or Beef or Chicken Taco on WG Tortilla WG Mexican Rice Refried Beans	Meatloaf Mashed Potatoes WG Biscuit Or Chicken Fajitas on WG Tortilla WG Mexican Rice Pinto Beans
	Cheese Pizza Pepperoni Pizza Chef's Special	Cheese Pizza Pepperoni Pizza Chef's Special	Cheese Pizza Pepperoni Pizza Chef's Special	Cheese Pizza Pepperoni Pizza Chef's Special	Cheese Pizza Pepperoni Pizza Chef's Special
	Spicy Chicken Sandwich Cheeseburger Beef Hot Dog Crinkle Fries	Chicken Nuggets w/WG Roll Bather Burger Grilled Cheese French Fries	Cheeseburger French Fries	Spicy Chicken Tenders w/WG Roll Classic Burger Philly Cheesesteak French Fries	Grilled Chicken Sandwich Corn Dog Cheeseburger Potato Wedges
	Veggie Wrap Or Cobb Salad	Veggie Wrap Or Cobb Salad	Veggie Wrap Or Cobb Salad	Veggie Wrap Or Cobb Salad	Veggie Wrap Or Cobb Salad
	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily



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