






Mount Clemens Weekly Lunch Menu

For Week of 09/01/2025 – 09/05/2025



	Monday 09-01-2025	Tuesday 09-02-2025	Wednesday 09-03-2025	Thursday 09-04-2025	Friday 09-05-2025
BREAKFAST	Labor Day No School	WG Pancakes Or Cocoa Puffs Cereal and Craisins 100% Apple Juice Milk Choice	Breakfast Pizza w/Turkey Sausage or Trix Cereal and Apple Milk Choice	Mini Strawberry Cream Cheese Bagel or Lucky Charms Cereal Banana 100% Orange Juice Milk Choice	Breakfast Sandwich or Cinnamon Toast Crunch and Fresh Orange 100% Strawberry Kiwi Juice Milk Choice
		Half Day Bag Lunch	Cheesy Taco Penne w/Fiesta Black Beans or Chicken & Chili Crispitos WG Mexican Rice Pinto Beans	Chicken & WG Waffles Sweet Potato Fries Or Beef or Chicken Taco on WG Tortilla WG Mexican Rice Refried Beans	Salisbury Steak WG Brown Rice Broccoli w/WG Roll Or Chicken Fajitas on WG Tortilla WG Mexican Rice Pinto Beans
			Cheese Pizza Pepperoni Pizza BBQ Chicken Pizza	Cheese Pizza Pepperoni Pizza BBQ Chicken Pizza	Cheese Pizza Pepperoni Pizza BBQ Chicken Pizza
			Chicken Sandwich Cheeseburger Beef Ribette Tater Tots	Spicy Chicken Tenders w/WG Roll Classic Burger Philly Cheesesteak French Fries	Grilled Chicken Sandwich Cheeseburger Corn Dog Potato Wedges
			Italian Sub Or Garden Salad	Italian Sub Or Garden Salad	Italian Sub Or Garden Salad
			Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily



Non-Discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

We are a 10 Cents a Meal grantee, and we purchase Michigan-grown products.

Contact your Food Service
Director, Renee Frederick, at
(313) 269-7108 or email
FrederickR@mtcps.org for
questions or comments.

****Menu Subject to Change****

"or." = An alternative selection to choose.
"WG" = Whole Grain 1% White & 1% Chocolate
Milk available daily.

Daily Produce Bar with rotating fruits and
vegetables. An alternative meal is available.

Mount Clemens Weekly Lunch Menu

For Week of 09/08/2025 – 09/12/2025



	Monday 09-08-2025	Tuesday 09-09-2025	Wednesday 09-10-2025	Thursday 09-11-2025	Friday 09-12-2025
BREAKFAST	Apple Cinnamon Toast or Honey Cheerios and Applesauce 100% Fruit Juice Milk Choice	Mini Cinnamon Cream Cheese Bagel or Trix Cereal and Pineapple Tidbits 100% Orange Juice Milk Choice	Cinnamon Waffle or Blueberry Chex Cereal and Apple Milk Choice <i>Late Start</i>	Yogurt Parfait w/Peaches & Granola or Cinnamon Toast Crunch Cereal and Banana 100% Strawberry/Kiwi Juice Milk Choice	Breakfast Sandwich or Lucky Charms Cereal and Orange 100% Apple Juice Milk Choice
	Alfredo Green Beans WG Breadstick Or Nachos w/Beef or Chicken WG Mexican Rice Black Beans	Turkey w/Gravy & Mashed Potatoes WG Roll Or Chicken or Cheese Quesadilla WG Mexican Rice Refried Beans	BBQ Riblet Sandwich on WG Bun Greens Or Chicken & Chili Crispitos WG Mexican Rice Pinto Beans	Chicken Wings Hoppin John Rice Black Eyed Peas Or Beef or Chicken Taco on WG Tortilla WG Mexican Rice Refried Beans	Fish Sandwich on WG Bun Sweet Potato Fries Or Chicken Fajitas on WG Tortilla WG Mexican Rice Pinto Beans
	Cheese Pizza Pepperoni Pizza Veggie Pizza	Cheese Pizza Pepperoni Pizza Veggie Pizza	Cheese Pizza Pepperoni Pizza Veggie Pizza	Cheese Pizza Pepperoni Pizza Veggie Pizza	Cheese Pizza Pepperoni Pizza Veggie Pizza
	Spicy Chicken Sandwich Cheeseburger Beef Hot Dog Crinkle Fries	Chicken Nuggets w/WG Roll Bather Burger Grilled Cheese French Fries	Chicken Sandwich Beef Ribette Cheeseburger Tater Tots	Spicy Chicken Tenders w/WG Roll Classic Burger Philly Cheesesteak French Fries	Grilled Chicken Sandwich Cheeseburger Corn Dog Wedges
	Turkey & Cheese Wrap Or Spinach Salad	Turkey & Cheese Wrap Or Spinach Salad	Turkey & Cheese Wrap Or Spinach Salad	Turkey & Cheese Wrap Or Spinach Salad	Turkey & Cheese Wrap Or Spinach Salad
	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily



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Milk available daily.

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For Week of 09/15/2025 – 09/19/2025



	Monday 09-15-2025	Tuesday 09-16-2025	Wednesday 09-17-2025	Thursday 09-18-2025	Friday 09-19-2025
BREAKFAST	Sausage & Gravy Breakfast Pizza or Honey Cheerios and Applesauce 100% Fruit Juice Milk Choice	Mini Cinnamon Cream Cheese Bagel or Trix Cereal and Raisins 100% Apple Juice Milk Choice	Blueberry Yogurt Parfait or Cocoa Puffs Cereal and Banana, 100% Orange Juice Milk Choice	Mini Strawberry Cream Cheese Bagel or Cinnamon Toast Crunch Apple Milk Choice	Breakfast Sandwich or Lucky Charms Cereal and Fresh Orange 100% Strawberry/Kiwi Juice Milk Choice
	Beef Pho Bowl w/WG Noodle, Carrots, Bok Choy, Bean Sprouts Or Nachos w/Beef or Chicken WG Mexican Rice Black Beans	Chicken Drumstick Butternut Squash WG Roll Or Chicken or Cheese Quesadilla WG Mexican Rice Refried Beans	Baked Potato Bar w/Fajita Chicken & Cheese, WG Breadstick Broccoli Or Chicken & Chili Crisпитos WG Mexican Rice Pinto Beans	Lasagna Roll Up Mixed Vegetables WG Garlic Knot Or Beef or Chicken Taco WG Mexican Rice Refried Beans	BBQ Pulled Chicken Sandwich Baked Beans Or Chicken Fajitas on WG Tortilla WG Mexican Rice Pinto Beans
	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza
	Spicy Chicken Sandwich Cheeseburger Beef Hot Dog Crinkle Fries	Chicken Nuggets w/WG Roll Grilled Cheese Bather Burger French Fries	Chicken Sandwich Cheeseburger Beef Ribette Sandwich Tater Tots	Spicy Chicken Tenders w/WG Roll Classic Burger Philly Cheesesteak French Fries	Grilled Chicken Sandwich Cheeseburger Corn Dog Wedges
	Chicken Salad Sandwich Or Spring Mix Salad	Chicken Salad Sandwich Or Spring Mix Salad	Chicken Salad Sandwich Or Spring Mix Salad	Chicken Salad Sandwich Or Spring Mix Salad	Chicken Salad Sandwich Or Spring Mix Salad
	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily



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For Week of 09/22/2025 – 09/26/2025



	Monday 09-22-2025	Tuesday 09-23-2025	Wednesday 09-24-2025	Thursday 09-25-2025	Friday 09-26-2025
BREAKFAST	Pancakes or Honey Cheerios and Applesauce 100% Fruit Juice Milk Choice	Mini Cinnamon Cream cheese Bagel or Trix Cereal and Raisins 100% Apple Juice Milk Choice	Cinnamon Waffle or Cocoa Puffs Cereal And Banana 100% Orange Juice Milk Choice <i>Late Start</i>	French Toast or Cinnamon Toast Crunch Apple Milk Choice	Cheese Omelet or Lucky Charms and Fresh Orange 100% Strawberry Kiwi Juice Milk Choice
 	Baked Teriyaki Chicken WG Rice Diced Sweet Potatoes Or Nachos w/Beef or Chicken WG Mexican Rice Black Beans	Sloppy Joe on WG Bun Baked Beans Or Chicken or Cheese Quesadilla WG Mexican Rice Refried Beans	Macaroni & Cheese w/WG Roll Broccoli or Chicken & Chili Crispitos WG Mexican Rice Pinto Beans	Italian Meatball Sub Green Beans Or Beef or Chicken Taco on WG Tortilla WG Mexican Rice Refried Beans	French Toast Sticks Turkey Sausage Hash Browns Or Chicken Fajitas on WG Tortilla WG Mexican Rice Pinto Beans
	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza
 	Spicy Chicken Sandwich Cheeseburger Beef Hot dog Crinkle Fries	Chicken Nuggets w/WG Roll Bather Burger Grilled Cheese French Fries	Classic Chicken Sandwich Beef Ribette Sandwich Cheeseburger Tater Tots	Spicy Chicken Tenders w/WG Roll Classic Burger Philly Cheesesteak French Fries	Grilled Chicken Sandwich Cheeseburger Corn Dog Wedges
	Turkey Ham & Cheese Sub Or Cesar Salad	Turkey Ham & Cheese Sub Or Cesar Salad	Turkey Ham & Cheese Sub Or Cesar Salad	Turkey Ham & Cheese Sub Or Cesar Salad	Turkey Ham & Cheese Sub Or Cesar Salad
	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily



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For Week of 09/29/2025 – 10/03/2025



	Monday 09-29-2025	Tuesday 09-30-2025	Wednesday 10-01-2025	Thursday 10-02-2025	Friday 10-03-2025
BREAKFAST	WG Pancakes or Cheerios and Applesauce, 100% Fruit Juice Milk Choice	Mini Cinnamon Cream Cheese Bagel Or Trix Cereal and Raisins 100% Apple Juice Milk Choice	Blueberry Yogurt Parfait or Cocoa Puffs Cereal and Apple Milk Choice	WG French Toast or Cinnamon Toast Crunch Cereal Banana 100% Orange Juice Milk Choice	Smoothie Blend or Lucky charms Cereal and Fresh Orange 100% Strawberry Kiwi Juice Milk Choice
	Spaghetti w/Meat Sauce Asparagus WG Roll Or Beef or Chicken Nachos WG Mexican Rice Black Beans	Beef Chili w/Kidney Beans Cornbread Or Chicken or Cheese Quesadillas WG Mexican Rice Refried Beans	Cheese Ravioli Crinkle Carrots WG Breadstick Or Chicken & Chili Crisпитos WG Mexican Rice Pinto Beans	Chicken Lo Mein w/WG Noodles Broccoli Or Beef or Chicken Taco on WG Tortilla WG Mexican Rice Refried Beans	Meatloaf Mashed Potatoes WG Biscuit Or Chicken Fajitas on WG Tortilla WG Mexican Rice Pinto Beans
	Cheese Pizza Pepperoni Pizza Chef's Special	Cheese Pizza Pepperoni Pizza Chef's Special	Cheese Pizza Pepperoni Pizza Chef's Special	Cheese Pizza Pepperoni Pizza Chef's Special	Cheese Pizza Pepperoni Pizza Chef's Special
	Spicy Chicken Sandwich Cheeseburger Beef Hot Dog Crinkle Fries	Chicken Nuggets w/WG Roll Bather Burger Grilled Cheese French Fries	Chicken Sandwich Beef Ribette Sandwich Cheeseburger Tater Tots	Spicy Chicken Tenders w/WG Roll Classic Burger Philly Cheesesteak French Fries	Grilled Chicken Sandwich Corn Dog Cheeseburger Potato Wedges
	Veggie Wrap Or Cobb Salad	Veggie Wrap Or Cobb Salad	Veggie Wrap Or Cobb Salad	Veggie Wrap Or Cobb Salad	Veggie Wrap Or Cobb Salad
	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily	Produce Bar With a Variety of Fruit and Fresh Vegetables Available Daily



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