GSRP Snack Menu October 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Cucumber Sticks w/Ranch Strawberries	Goldfish Crackers Diced Peaches	Carrot Sticks w/Ranch 100% Grape Juice
		1	2	3
Celery Sticks w/Ranch 100% Apple Juice	Yogurt Diced Peaches	String Cheese WW Crackers	Half Day	No School
6	7	8	9	10
Strawberry Chex Mix Orange Smiles	Carrot Sticks w/Ranch Apple Slices	Goldfish Crackers 100% Strawberry Kiwi Juice	Cucumber Sticks w/Ranch 100% Grape Juice	No School
13	14	15	16	17
No School	Graham Cracker White Milk	Yogurt Blueberries	Colby Jack Stick WW Crackers	Carrot Sticks w/Ranch 100% Apple Juice
20	21	22	23	24
WG Pretzels Orange Smiles	Cheez Its Apple Slices	Cucumber Sticks w/Ranch Blueberries	Goldfish Crackers Diced Peaches	Half Day
27	28	29	30	31



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Contact your Food Service Director, Renee Frederick, at (313) 269-7108 or email FrederickR@mtcps.org for questions or comments.

Menu Subject to Change

"or:" = An alternative selection to choose.
"WG"= Whole Grain 1% White Milk available daily.

We are a 10 Cents a Meal grantee, and we purchase Michigan-grown products.

Daily Produce Bar with rotating fruits and egetables. An alternative meal is available.