ECSE AM Breakfast MenuOctober 2025



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|------------|
| | | Blueberry Chex Cereal Apple Slices Milk | Ultimate Breakfast Round Banana Milk | No Program |
| | | Count Day! 1 | 2 | 3 |
| Cinnamon Chex Cereal 100% Orange Juice Milk | Honey Cheerios Cereal Craisins Milk | Coco Puffs Cereal Apple Milk | WG Tiger Bites Banana Milk | No Program |
| 6 | 7 | 8 | 9 | 10 |
| Corn Chex Cereal Orange Smiles Milk | Apple Cinnamon Muffin 100% Fruit Juice Milk | Frosted Flakes Cereal Apple Slices Milk | Yogurt Banana Milk | No Program |
| 13 | 14 | 15 | 16 | 17 |
| No School | Trix Cereal Pineapple Tidbits Milk | Blueberry Muffin Diced Pears Milk | Cinnamon Toast Crunch Cereal Banana Milk | No Program |
| 20 | 21 | 22 | 23 | 24 |
| Rice Chex Cereal Apple Slices Milk | Multi Grain Cheerios Cereal Apple Sauce Milk | Giant Cinnamon Goldfish Mandarin Oranges Milk | Strawberry Banana Yogurt Blueberries Milk | No Program |
| 27 | 28 | 29 | 30 | 3. |



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Contact your Food Service Director, Renee Frederick, at (313) 269-7108 or email FrederickR@mtcps.org for questions or comments. **Menu Subject to Change**

"or:" = An alternative selection to choose. "WG"= Whole Grain 1% White & 1%Chocolate Milk available daily.