## **ECSE AM Breakfast Menu**January 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Winter Break	Winter Break
				1	2
	Rice Chex Apple Slices Milk	Multi Grain Cheerios Applesauce Milk	Giant Cinnamon Goldfish Mandarin Oranges Milk	Strawberry Banana Yogurt Blueberries Milk	No Program
	5	6	7	8	9
	Apple Cinnamon Cheerios Craisins	WG Tiger Bites Diced Peaches Milk	Blueberry Chex Cereal Apple Slices Milk	Ultimate Breakfast Round Banana	No Program
.(	Milk <b>12</b>	13	14	Milk <b>15</b>	16
	MLK Day	Honey Cheerios Craisins	Cocoa Puffs Apple	WG Tiger Bites Banana	No Program
	No School	Milk <b>20</b>	Milk <b>21</b>	Milk <b>22</b>	23
3	Corn Chex Orange Smiles	Apple Cinnamon Muffin 100% Fruit Juice	Frosted Flakes Apple	Yogurt Banana	No Program
1	Milk <b>26</b>	Milk <b>27</b>	міік <b>28</b>	Milk <b>29</b>	30



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Contact your Food Service Director, Renee Frederick, at (313) 269-7108 or email FrederickR@mtcps.org for questions or comments. \*\*Menu Subject to Change\*\*

"or:" = An alternative selection to choose. "WG"= Whole Grain 1% White & 1%Chocolate Milk available daily.